



Kentucky Diabetes Prevention and Control Program August 23, 2017

Meeting Summary

Roll Call/Introductions

Heath Departments in attendance: Allen, Ashland-Boyd, Barren River, Boyle, Bracken, Breathitt, Breckinridge, Buffalo Trace, Bullitt, Carter, Calloway, Christian, Cumberland Valley, Estill, Fayette, Fleming, Floyd, Franklin, Garrard, Gateway, Graves, Grayson, Green River, Greenup, Harlan, Hopkins, Jessamine, KY River, Knox, Lake Cumberland, Laurel, Lawrence, Lincoln, Lincoln Trail, Magoffin, Marshall, Martin, Mercer, Monroe, Montgomery, North Central, Northern Kentucky, Oldham, Pennyrile, Powell, Purchase, Three Rivers, Todd, Whitley, Woodford

State Staff: Theresa Renn, Janice Haile, Becki Thompson, Reita Jones

LHD's Taking Leadership Announcements

Theresa noted again that this will be an agenda item going forward. We want to share all the good work LHDs are doing – particularly things that are done for the state as a whole, tools to share, national presentations, etc. Please share items that you would like shared on future calls with Theresa.

- Breakout session presentations at AADE
 - Mechelle Coble from Lincoln Trail did a breakout session at AADE: *Beating the Boredom: Using Different Teaching Techniques*
 - Becki Thompson and Kim DeCoste from DPH were part of a panel on *How are Diabetes Educators Revitalizing DSMES Programs Before They Close*
- Posters sessions at AADE
 - Jamie Lee, Vicky Albertson, and Janet Cowherd from Lake Cumberland: *Road to Recognition*
 - Merritt Bates-Thomas from Green River: *Reducing Diabetes, Increasing Resiliency: Spreading Awareness Through Partner Engagement*

Sharing Time

- Donna Teegarden- this was her first time to attend and was a little overwhelming in a good way. The exhibit hall was amazing, learned several new make it yourself teaching tools and many new creative ideas for work we do.
- DeAnna Leonard – had attended once more than 10 years ago. She enjoyed all of the learning sessions and exhibit hall. The general session and breakout sessions on technology were especially good and where the future is going. She is glad that AADE will be producing information about reliable apps and sources. DeAnna thought Mechelle's session was awesome, learned more about the cause for hypoglycemia unawareness and was interested in the practice of having a food bank in a hospital setting for patients living in food deserts. Another great session was on erectile

dysfunction (ED) which incorporated two couples sharing their experience with ED which was very enlightening for an educator.

- Becki Thompson - AADE has a *Sexuality and Diabetes* handout which address both male and female complications. Plans are to incorporate this in KDPCP DSME Curriculum, <https://www.diabeteseducator.org/patient-resources/tip-sheets-and-handouts>
- Janice Haile – Boston Scientific has a free webinar (1 nursing CEU) on Erectile Dysfunction in Men with Diabetes at <http://www.healthcarefreece.com/courses/erectile-dysfunction/>.
- Karen Fallon – impressed with large number of sessions on payment and reimbursement and enjoyed and learned much from the content of sessions. Mechelle's session was her favorite and reimbursement presentation by Mary Ann Hodorowicz was especially good.
- Mechelle Coble - great time of networking with not only KY folks but others around the nation.
- Merritt Bates-Thomas– found useful networking with folks around the country with her poster session.
- Theresa - sessions may be available later for those who could not attend – and might offer CEUs. We will monitor and share. Janice was able to make new contacts for symposium speakers and exhibitors.
- Janice –please send to her ideas for any great speakers that might be good for symposium or let her know if you would like to be on the Symposium Planning Committee.

Business

- KDPCP Overview Guide – an updated version for FY18 was sent to all yesterday and is a collection of information regarding diabetes program guidance, resources, tools, and assistance. This replaces the FY 17 document. Please provide Theresa feedback on other things that might be useful in the document for the future. This is not on the website yet but should be soon.
- Kentucky Statewide Diabetes Symposium is November 3, 2017. Registration open at <https://tinyurl.com/KYDiabetes17>. It is in Louisville at the Marriott East and usually fills up pretty fast. More than 100 have registered already.
- Other CEUS coming up soon
 - Diabetes Symposium 2017, Baptist Health Louisville, October 27th -- for more information email ronda.merryman-valiyi@BHSI.COM.
 - Oct. 13, 2017, Corbin – *Latest Advances in Diabetes Management*, register at <http://soahec.org/cecme>
 - TRADE Workshop Oct. 19th at Deaconess Hospital in Evansville, IN – brochure released soon.
- National Diabetes Prevention Program (NDEP) had a free webinar 8/22/17 about National Diabetes Month 2017. This opportunity was sent out to you earlier but if you were unable to attend, we hope to make the slides/recording available soon. This year's theme will be *You are the Center of Your Diabetes Care Team*. NDEP will be offering partners materials for websites which will automatically be updated. <https://www.niddk.nih.gov/health-information/health-communication-programs/ndep/partnership-community-outreach/national-diabetes-month/promote>
- Flu season is on the horizon. Flu bags, posters and brochures are available in the Pamphlet Library so consider placing an order soon.

Updates

- DPP Update – Janice shared the following:
 - August CDC site updates
 - Full recognition- There are a total of 11 now with 2 new sites that have received full recognition. Congratulations to Graves Co. Health Department and Owensboro Health.

- Full or pending recognition – three additional organizations have been added for the first time or for a 2nd time after being taken off. KentuckyOneHealth (re-added), North Central District HD (re-added), Restore Temple (new).
 - Kentucky DPP ranking in comparison with other states
 - 10th in the nation for the number of participants (with 2933).
 - 8th in nation in number of recognized programs (with 54).
 - MOU for DPP Coaches Training - received about 20 – 25 applications which are being reviewed. Hope to get back to people soon.
 - CDC/NACDD State Engagement Meeting - holding some dates will be May 15-17, 2018 (may be only one or two of these days).
 - DTTAC Webinars
 - Emory University through their Diabetes Training and Technical Assistance Center (DTTAC) will be offering Kentucky DPP organizations 4 DPP webinars over the next fiscal year as part of the quarterly conference calls.
 - The first one will in October, 2017.
 - There are 12 topics from which to choose. A survey was sent to all KY DPP contacts asking what topics are of greatest interest. Top choices were:
 - *If You Build It, Will They Come? -- Recruitment and Referral Strategies for the National DPP;*
 - *Wait, Wait, Don't Leave -- Keeping Participants Engaged for the Year Long Program;*
 - *The Trouble with Tracking -- Strategies for Participant and Lifestyle Coach Success with Food Tracking, and*
 - *Motivational Interviewing in Groups -- Applying Your MI Skills in a Group Setting.*
 - Aug 10th Kentucky Cabinet for Health and Family Services sent out a DPP related press release which included the web address for the Resource Directory. It is very important to keep up this resource directory up to date for your community.
 - Bracken County reported seeing this release in their newspaper and will send Janice a scanned copy. Others encouraged do the same if they see the article in local papers.
- DSME Update – Becki shared the following:
 - AADE Joint Position Toolkit
 - This provides information and tools for marketing your DSMES program to local providers.
 - There are three sets of slides decks for use.
 - Includes template letters to providers on the importance of DSMES.
 - <https://www.diabeteseducator.org/practice/educator-tools/joint-position-statement-toolkit>
 - Here in Frankfort we will be reviewing the materials in greater detail and hope to make additional suggestions for use of the materials.
- 2017 Revision of the National Standards for Diabetes Self-Management Education and Support
 - With the revisions of the new standards there is a greater emphasis being placed on ongoing “support” once the person has received the comprehensive education.
 - We will be working on ways to increase the “support” to participants post class such as Facebook, newsletters etc.
 - Change of acronyms from DSME to DSMES.

- Change of emphasis from using the verbiage patient to participant.
- <https://www.diabeteseducator.org/docs/default-source/practice/practice-documents/2012nationalstandards.pdf?sfvrsn=4>
- More to come on future 809 calls.

Miscellaneous

- Becki reminded all that there is no Healthy Living call today.

Future Meetings

- In-Person Meeting
 - An in-person meeting will be held on December 7 in Frankfort. More to follow on this.
 - This date was chosen to be adjacent to the Dec. 8th KDN meeting in Frankfort. Closer to the KDN meeting date, registration will be available at www.kydiabetes.net.
- Meeting dates for next fiscal year:
 - September 27, 2017
 - October 25, 2017 – may be a webinar
 - November – no meeting
 - December 7 – in person, Frankfort
 - See the FY 18 Overview Guide for a listing of calls for the remainder of the fiscal year.